



Representing Courtenay, Comox, Cumberland and the Regional District

Congratulations on your new job and welcome to CUPE 556!

I would like to introduce myself. My name is Heather Cail, and I am CUPE 556's Education Coordinator. If you ever have any questions or interests related to CUPE education, please do not hesitate to contact me at educationcoordinator.cupe556@gmail.com

One of our Executive's goals in "building a strong local" is aiming to develop and support members through successful modes and levels of education. We encourage every member to learn more about the basics of what unions are, where we came from, what our achievements have been, rights, the grievance procedures and health and safety in the workplace. The Introduction to Stewarding workshop is the first workshop we usually recommend to new members.

Other active members may want more, such as Bargaining courses, Facing Management, Advanced Shop Stewarding, Note Taking, Parliamentary Procedures, Representing Members at Investigative/Disciplinary Meetings, etc. These are examples of such courses for the members holding positions such as Shop Stewards, Unit Vices, Grievance or Bargaining Committees etc.

One of the perks with taking workshops is that the local pays for your wage loss, food, accommodation, and travel costs!

If you have no idea on the process of signing up for a course, don't worry! Just contact me and I will guide you through and try and do most of the work for you.

Here is a [link to our CUPE National website](#) that shows all of the workshops currently scheduled in BC

If you want to stay connected, please 'like' us on our Facebook page: www.facebook.com/cupe556

If any of these workshops interest you then please contact me.

In Solidarity,

Heather Cail

A handwritten signature in black ink that reads "HCail".

Education Coordinator

CUPE Local 556 (Comox Valley)

www.556.cupe.ca

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